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Richard R. Jeffries
Rear Admiral, Medical Corps, U. S. Navy
Senior Healthcare Executive, U.S. Navy
Commander, Navy Medicine National Capital Area
Commander, National Naval Medical Center

Rear Admiral Jeffries is Commander, National Capital Area and Commander, National Naval Medical Center, Bethesda, Maryland.



Rear Admiral Jeffries began his naval career in 1976 through the Armed Forces Health Professional's Scholarship Program. He earned a BA from Coe College in Cedar Rapids, Iowa, and completed graduate studies at the University of Colorado in secondary education, earning a State of Colorado teaching certificate. He graduated from the College of Osteopathic Medicine and Surgery in Des Moines, Iowa, in 1979.

Rear Adm. Jeffries completed an internship and Family Medicine residency at Naval Hospital Pensacola, Fla., in 1982 and immediately attained Board Certification from the American Board of Family Practice. His first staff assignment was to Branch Naval Hospital Twenty-nine Palms, Calif. He received appointments as Head, Family Practice Department, Acting Director Clinical Services, and Chief, Medical Staff.

In August 1984 Rear Adm. Jeffries was transferred to the Department of Family Medicine at Naval Hospital Camp Pendleton. He served as a Staff Family Physician, Residency Faculty and Clinic Director. In 1986 he was promoted to Director, Residency Training. During this period, he attained Board Certification in Family Practice from the American Osteopathic Board of General Practice and Fellow, American Academy of Family Physicians. In 1990 he challenged and passed Board Certification for a Certificate of Added Qualification in Geriatric Medicine. Rear Adm. Jeffries is a member of the American Academy of Family Physicians, Association of Military Osteopathic Physicians and Surgeons (Past President), Uniformed Services Academy of Family Physicians, American Osteopathic Association, and the Association of Military Surgeons of the United States.

In August of 1990 he served in Operation Desert Shield where he was augmented to the 1st Marine Division as Artillery Regimental Surgeon, 11th Marines. In theater he was appointed deputy then acting Division Surgeon. In 1991 Rear Adm. Jeffries was permanently assigned to the 1st Marine Division as Division Surgeon. In December 1992 he was appointed Marine Forces Central Command and I Marine Expeditionary Force (Forward) Force Surgeon for Operation Restore Hope, Somalia, responsible for U.S. military forces support to the Coalition healthcare mission.

In the summer of 1993 Rear Adm. Jeffries was re-assigned to Naval Hospital Camp Pendleton as Family Practice Department Head and Residency Program

Director. In 1996 he was appointed Chairman, Executive Committee of the Medical Staff and he completed his tour as Director, Medical Services. In October 1998 he reported to Marine Forces Pacific, Camp Smith, Hawaii, as the Force Surgeon. He was appointed to the TRICARE Pacific Executive Council and served as a military liaison to the Hawaii State Chapter American Red Cross Board of Directors. In April 2000 he assumed duties as the Deputy Commander for Clinical Services at Tripler Army Medical Center where he served until April 2003 when he assumed command at Naval Hospital Camp Pendleton. In August 2005, Rear Adm. Jeffries reported to the Bureau of Medicine and Surgery as the Deputy Chief for Future Plans and Strategies. Soon after his arrival, Rear Adm. Jeffries was deployed as the JFMCC Surgeon in support of Hurricane Katrina relief efforts. In November 2005, Rear Adm. Jeffries reported to Headquarters, U.S. Marine Corps as the Medical Officer of the Marine Corps.

Rear Adm. Jeffries' personal decorations include the Legion of Merit with two Gold Stars, Bronze Star, Meritorious Service Medal with one Gold Star, Combat Action Award, Joint Meritorious Unit Award, Navy Unit Commendation, Meritorious Unit Commendation with one Bronze Star, Army Order of Military Medical Merit, and Artillery Order of Saint Barbara.